## Get Back on Your Bike



Did you know? New York State is on a mission to curb its emissions, promote healthier living, ensure safer streets and see more people bicycle as transportation.

Want to learn more? Please join us for a presentation from the New York Bicycling Coalition (NYBC). A certified bicycle educator will lessen your fears with current statistics, examine the benefits of cycling, and impart some basic traffic safety & commuting information. Attendees will receive a free NYBC Pocket Guide, a great, easy-to-read reference booklet on bicycle safety.

How you can help? If you've wondered if biking to campus or work is possible or if you want to become less dependent on automobiles, this class is for you. Get the knowledge and confidence you need to enjoy riding more.

Date: Wednesday, October 24th

Time: 12pm-1pm

Location: Downtown Campus-High Falls A (2nd Floor, rm 320A)

